

DRIVEN STRENGTH AND CONDITIONING OPEN GYM RULES

1. The gym is monitored 24/7 by surveillance cameras. Do not touch, move, or unplug any security cameras. This is for your security, safety and for that of the gym.
2. Do not bring or otherwise allow a person that is not an approved member or approved guest of the facility to access the facility.

ZERO TOLERANCE: This will result in a \$100 fine and immediate termination of membership.

3. Do not bring or otherwise allow a person younger than 18 years of age to access the facility.

The only permitted persons under 18 during open gym include;

1. The child must have an active DRIVEN membership AND
2. Must be with their parent; not any adult or someone else's parent.... ONLY THEIR PARENT.

ZERO TOLERANCE: This will result in a \$100 fine and immediate termination of membership.

4. If you are entering with a friend (both with memberships obviously), BOTH people must scan the door for access.
5. There is no open gym during class hours. Door access will be prevented during these hours.
6. Athletes alone in the gym should keep their HybridAF app nearby in order to use the 911 feature if required. In an emergency, press the 911 button, which will assist you in calling 911.
7. Both the front and back doors (including the bay door) must remain closed and locked during all non-class hours.
8. Music is controlled on the phone provided up front; first person in the gym controls the music.
9. Do not remove the music phone or clock/timer control from the front of the gym.
10. No one under the influence of alcohol or drugs is permitted in the gym at anytime. No alcohol involved fitness activities are permitted.
11. Only use equipment you understand how to use properly and safely.
12. Inspect the equipment to make sure it is properly functioning prior to using the equipment.
13. Remove potential trip hazards from floor and return all weight to weight stack after you are finished lifting the weight.
14. Utilize a spotter whenever lifting heavy weight. PRs are best attempted with another person in the gym for your safety.
15. Stop exercising if you experience a potential injury and seek medical attention.

16. Inspect your surroundings to make sure equipment and weights are not obstructing your intended exercise.
17. Notify management and all other members using the facility if any equipment is not working properly or if you notice any potentially dangerous conditions within the facility.
18. Return all equipment, chalk, and/or other gym supplies to their designated storage place after using the equipment and pick up any items or trash brought into the gym or bathrooms. Failure to do so will result in the following:

1st Violation: Verbal warning, emailed notice.

2nd Violation: \$25 fine immediately charged to Credit Card on file, emailed notice.

3rd Violation: \$50 fine immediately charged to Credit Card on file, emailed notice.

Additional violations of this rule will result in \$50 fines or will result in revocation of 24/7 Open Gym access and may result in termination of gym membership.

19. Do not adjust thermostats; the temperature will be locked and controlled by admins.
20. Any items taken from the retail area must be signed for at the time of purchase on the Retail Order Sheet in the retail area. Failure to report is considered stealing and will be dealt with accordingly.
21. If a coach is working out during open gym hours, they are not your coach during that time, it's important they have their uninterrupted workout time as well.
22. If a coach is personal training someone during open gym hours; be respectful. The coach that's personal training has priority over music, equipment, clock and gym space.

BEFORE YOU LEAVE

1. Clean up your workout space, return equipment to properly stored position and take with you what you brought.
2. Turn off lights:
Front half lights are located by the front door.
Back half lights are located by the back door.
Don't forget the bathroom light.
3. Turn off music on the iPhone.
4. Turn off fans.

Open gym is a priveledge. Please do not ask to break any of the above rules. No matter how much we love you, the answer will be NO. It is not personal; please do not put us in a position to have to say NO.

Failure to follow these guidelines will result in revocation of 24/7 DRIVEN Open Gym (HybridAF) access and may result in termination of gym membership.